

PERINATAL SUBSTANCE ABUSE PREVENTION (PSAP)  
SUBCOMMITTEE MINUTES  
July 12, 2005

**BOARD MEMBERS PRESENT**

Maggie Carlton, Senator  
John Hiatt, Ph.D.  
Susan Doctor, Ph.D.  
Maria Canfield, Bureau Chief, Bureau of Alcohol and Drug Abuse (BADA)  
Charlene Herst  
Colleen Morris, M.D.  
T.J. Rosenberg  
Janie Lowe  
Shar Todd, Proxy for Terrence McGaw M.D.

**BOARD MEMBERS ABSENT**

Beverly Neyland, MD

**STATE HEALTH DIVISION STAFF PRESENT**

Barry Lovgren, Health Program Specialist 2, PSAP Coordinator, Bureau of Family Health Services (BFHS)  
Tami Terstege, Administrative Assistant 4, BFHS

**OTHERS PRESENT**

Jennifer Donaldson, Program Coordinator, Westcare  
Patty Lee, Fast-Trax

**CALL TO ORDER**

Senator Maggie Carlton called the Perinatal Substance Abuse Prevention (PSAP) Subcommittee meeting to order at **9:15 a.m.** videoconferenced at the Kinkead Building, 505 East King Street, Carson City, Nevada; and the Nevada Early Intervention Services (NEIS), 3811 W. Charleston Boulevard, Suite 209, Las Vegas, Nevada. This was a public meeting, and the public was invited to make comments. In accordance with the Open Meeting Law, this meeting was posted at the following locations: Bureau of Family Health Services (BFHS), 3427 Goni Road, Suite 108, Carson City; Kinkead Building, 505 East King Street, Carson City, Nevada State Library and Archives, 100 Stewart Street, Carson City; Washoe County District Health Department (WCDHD), 1001 East Ninth Street, Reno; Clark County Health District (CCHD), 625 Shadow Lane, Las Vegas; Elko Nursing Office, 531 Sixth Street, Elko; NEIS, 3811 West Charleston Boulevard, Suite 209, Las Vegas; and the Health Division Website: [www.health2k.state.nv.us](http://www.health2k.state.nv.us).

Introductions were made around the table.

**APPROVAL OF MINUTES FROM MEETING OF MAY 24, 2005**

Dr. Susan Doctor noted on page three CDC should read Substance Abuse and Mental Health Services Administration (SAMHSA), and on page four, Bonnie Buckson's lastname is spelled wrong and should be spelled Buxton. Dr. John Hiatt motioned to approve the minutes with the above corrections. T.J. Rosenberg seconded. **MOTION APPROVED.**

**PSAP SUBCOMMITTEE CO-CHAIR REPORT**

Senator Carlton noted due to Dr. Terrence McGaw's absence, there will be nothing to report.

### **PSAP COORDINATOR REPORT**

Barry Lovgren stated the Children's Trust Fund did not get funding to create radio announcements statewide; however, the transit advertising did get funded and will be continued for an extra ten months. Funding was also provided for traveling expenses for Perinatal Substance Abuse Prevention (PSAP) Training in Elko, Las Vegas, Reno, and Carson City. Mr. Lovgren noted he had completed nine training sessions at social service agencies, drug, and alcohol clinics. It was mentioned Sunrise Hospital asked to be trained.

Mr. Lovgren spoke about the Guidelines for Children with Special Health Care Needs (CSHCN): Fetal Alcohol Syndrome (FAS) Report, and was able to get 300 copies made with the Children's Trust Fund Grant. Charlene Herst noted the documents have printing errors, alignment problems, and pages upsidown. She specified not to distribute the documents until the errors were corrected. Mr. Lovgren stated he would re-edit the documents and have them reprinted.

Mr. Lovgren stated he would like to have the Subcommittee develop a needs assessment for PSAP. He noted there is a state plan developing, and the Fetal Alcohol Spectrum Disorder (FASD) Town Hall Meeting will help be part of the process.

### **DISCUSSION AND POSSIBLE SUBCOMMITTEE RECOMMENDATION TO THE MATERNAL AND CHILD ADVISORY BOARD REGARDING APPOINTMENT OF PATRICIA LEE TO THE SUBCOMMITTEE**

Patricia Lee spoke briefly about how she got involved with FASD and some of her accomplishments. She stated she had been raising her grandson; when he was born two years ago, he had several problems. He was diagnosed with FASD Stage Four. Ms. Lee indicated she was unaware of what FASD was or how it affected the child or caregiver and since then has educated herself on the condition.

Ms. Lee stated she has helped build an FASD support group for caregivers and parents. She is also doing work for the Superior Court and the Legislative body to create more support. At the moment she is doing research to develop a database which would track mothers who are alcoholics by monitoring their usage. She is also researching putting together a Public Awareness Campaign on FASD, which will reach out to mothers and young girls who are of age to have children. Ms. Lee noted within her research a lot of the information produced on FASD since 1973 has not made it pass the medical research community. There is a gap in the educational process from the medical research to the general public. A lot of doctors are under false impressions and most of the public does not even know what FASD is. Ms. Lee also stated she had looked into the material of March of Dimes (MOD) and the material by Teresa Kellerman's site, called FASSTAR.com located in Arizona. She is going to contact printing agencies in the Reno area for sponsorship to print some information before the National FASD Day on September 9, 2005. It was asked if Ms. Lee had looked into SAMHSA's material. Ms. Lee responded she going to acquire some of their videos. Ms. Lee also noted she had been in touch with the Share Program who are now in the process of rewriting their booklets for their sex education classes to include substance abuse during pregnancy. Ms. Lee is teaching a more thorough explanation of the use of alcohol during pregnancy and what it actually does to the unborn child. Janie Lowe motioned to approve Ms. Lee as a member of the Subcommittee. Ms. Herst seconded. **MOTION APPROVED.**

**SUBCOMMITTEE DISCUSSION OF AND POSSIBLE ACTION REGARDING HOW BEST TO CONDUCT FASD TOWN HALL MEETINGS IN FALL 2005.**

Ms. Herst noted the National FASD Day is September 9, 2005. The Maternal Child Health Advisory Board (MCHAB) meeting is on September 16 2005, so it was suggested the Town Hall Meeting possibly be around those dates. Mr. Lovgren stated the dates he has are tentative and the sites he has include the Washoe County Library reserved for October 14, for the participant's workshop and October 18, 2005 for the Town Hall Meeting from 1:00 to 5:00 p.m., however, everyone must leave by 4:45 pm. The other is the Sunrise Branch of the Clark County Library reserved for October 20, for the participants workshop and October 21, 2005 for the Town Hall Meeting from 2:00 to 6:30 p.m. Dr. Colleen Morris noted the Clark County Library is on the east side of Las Vegas and it is very difficult and inconvenient for people to get to that particular area, so many might choose not to attend. Dr. Morris suggest maybe using the Flamingo Library or the West Charleston Library due to those being more centrally located. Mr. Lovgren stated when he finally gets an appropriate place to have the meeting, he will then begin to solicit members for the panel. It was noted possibly having the Mayor on the panel for the Las Vegas meeting. Mr. Lovgren stated the panels will be consisting of people dealing with FASD. These would include people from agencies such as Parole and Probation, Education, Social Workers, and Legislatures. Some other people suggested to attend included Senator Valerie Weiner for the south, Assemblywoman Sheila Leslie for the north, people from the Governor's staff, City Council members, foster parents, and possibly Judge George Assad. It was suggested not to have people who are running for an election due to the possibility of them using the meeting as a platform when the meeting is for education purposes only.

Dr. Doctor briefly stated one of her colleagues, Barbara Wybrecht from Michigan, who had a town hall meeting, sent her notes providing suggestions to possibly help with Nevada's Town Hall Meetings. The notes were dispursed to all the members to help them think of appropriate people to attend. It was also recommended the meeting be videotaped for future reference.

Mr. Lovgren asked the committee if they have a suggestion of anyone who might be interested in giving a testimony to contact him. It was suggested having another committee help Mr. Lovgren with the details for the Town Hall Meeting. It was also suggested possibly having a Public Service Announcement (PSA) put in the newspaper to inform people in the community or send a letter to the editor with an invitation with Dr. McGaw's signature for the north and Dr. Beverly Neyland's for the south. The time and place of the meetings needs to be completed quickly so the letter can then be developed and sent. It was suggested to have the meetings time frame only be a couple hours long instead of a full day as not to discourage people not to attend. No Action took place.

**LEGISLATIVE AGENDA: SUBCOMMITTEE DISCUSSION OF AND POSSIBLE ACTION REGARDING LEGISLATION DURING THE 2005 LEGISLATIVE SESSION, TO INCLUDE BUT NOT BE LIMITED TO LEGISLATIVE ACTION ON AB 221 "REVISES PROVISIONS RELATING TO SALE AND DISPOSITION OF INTOXICATING LIQUOR", SB 296 "REVISES PROVISIONS GOVERNING ABUSE OR NEGLECT OF CHILDREN", AND SB 462 "REPEALS, RE-ENACTS, REORGANIZES AND REVISES CERTAIN PROVISIONS RELATING TO DEPARTMENT OF HUMAN RESOURCES"**

Mr. Lovgren stated the Assembly Bill (AB) 211 is to provide statewide server training and is the most relevant to the subcommittee. Senate Bill (SB) 296 is going to provide reporting mandates for prenatal exposure. An infant who is born and/or has been affected by prenatal illegal substance abuse, or has withdrawal symptoms resulting from prenatal drug exposure will be reported to the registry. Senator Carlton stated SB462, which worked into a special section of

AB2 of the special session, will be effective July 1, 2007. This would move the Bureau of Alcohol and Drug Abuse (BADA) into Mental Health and also provide a legislative study addressing the number of different aspects of substance abuse, with a portion addressed to pregnant women and addiction.

Maria Canfield asked if it was possible to put together an informal workgroup of members of the PSAP Subcommittee who might be interested in advising and providing assistance for the PSAP Needs Assessment. It was suggested to discuss with the MCHAB due to being unsure of where the line is to take on more work. Mr. Lovgren asked who would be interested in participating. Dr. Doctor, Ms. Canfield, Ms. Herst, and Ms. Lee stated they would be interested. Dr. Morris noted there needs to be a needs assessment for parents dealing with children with FASD and another needs assessment for children affected with FASD. Ms. Canfield asked Mr. Lovgren which topics he was going to discuss. Mr. Lovgren stated he was unsure but a decision will be made soon. Senator Carlton stated she would like to see a needs assessment help with treatment for children with FASD due to FASD being generational. It was mentioned there needed to be a discussion with the MCHAB about prevention merging with treatment. Shar Todd noted Dr. McGaw is considering asking the MCHAB to consider placing FASD identification and treatment on the priority list for the Title V Block Grant. He believed the subcommittee needs to have data on the subject of epidemiology or the validity will be questioned. No Action took place.

#### **SUBCOMMITTEE RECOMMENDATIONS TO STAFF**

The Subcommittee would like the staff to request an item on the MCHAB meeting to discuss adding treatment. Senator Carlton stated if anyone needed any information or explanation contact her. It was reiterated to redo the booklet and make sure the locations and the times are completed for the Town Hall Meeting.

#### **PUBLIC COMMENT AND DISCUSSION**

Ms. Lee stated she got in touch with the Supreme Court for the State of Nevada for Jan Blum and made a suggestion concerning the children going into Child Protective Services (CPS) have an automatic order of information given to the caregivers. Ms. Lee stated the Subcommittee should try to make prevention a reality instead of something getting talked about year after year. Ms. Lee also stated she had put together a proposal concerning the ability to track and monitor prenatal substance abuse. Nevada is the leading state for alcohol abuse. It would be good to start up the database collection to show Nevada is on top of the issue.

Senator Carlton stated the Subcommittee is the Subcommittee of the MCHAB, which is actually an arm of the executive branch. The Subcommittee is trying to integrate by putting a couple legislatures on each one of the committees to start a good communication link between the two so everyone is better informed on the issues to help get things accomplished. The strategy was to get something started as far as substance abuse goes. This was a small step, and the alcohol issue can be addressed later on.

Ms. Lee stated maybe one of the main causes of the objections of alcohol is the lack of education on the effects of what alcohol does to the unborn infant and also the cost to the economy once the children are born.

Senator Carlton stated the Town Hall Meeting is being developed for that specific reason. There is a different perspective on different drugs whether they are considered legal or illegal. It is much easier to get accomplishments for an illegal drug than it is for a legal drug. Nevada is behind on addressing these issues and every little step forward is good. Eventually alcohol can

be included but resources and funding are issues at the moment. The government moves slowly to make cautious decisions and the process of change takes many small individual steps.

Dr. Doctor spoke about the San Antonio conference which was for developing an FASD state plan systems. John Shields who has a SAMHSA community grant, along with Dr. Doctor redeveloped last year's plan. Dr. Doctor stated she would type up the plan and have copies distributed to all the subcommittee members.

The next meeting date was suggested any day the week of October 19, 2005. Schedules needed to be confirmed before any accurate date could be set.

Meeting adjourned at **10:55 a.m.**